



www.loursenplus.fr • Cover design: www.la-loutre.com • Editorial: Emma Chanelles, Anne-Laure Jaouën, Stéphanie Biju, and Laurence Roger • Translated by Abaque • Printing Groupe Santerre • Publication Director: Yves Normand • Project managers: Laurence Roger, Guillaume Le Menn, Cindy Hervé.







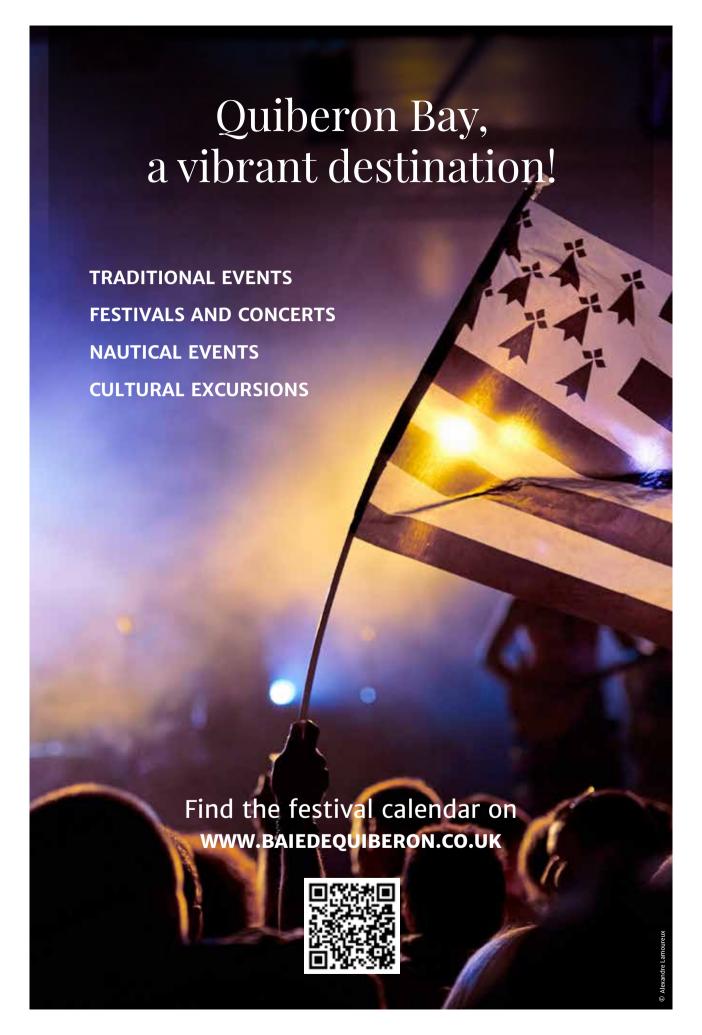




Auray Carnac Quiberon Tourisme - 30 cours des Quais - 56470 La Trinité-sur-Mer, France

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SPL (local public company) with a capital of €448 800 - Business registration number: 824 753 206 000 13 - APE 7490B - Intra-community tax no: FR 23 824753206 - Atout France registration number 056 170 001
Professional liability insurance: MMA, 4, place de la gare - 56170 Quiberon, France - Financial guarantee: Groupama - 5 rue du centre - 93199 Noisy Le Grand, France





From the Quiberon
Peninsula
to the islands





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Saint-Goustan to
Sainte-Anne-d'Auray

From the Ria Étel to the Wild Dunes





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Quiberon Bay | 3

TICKETING SERVICE



Welcome to the Tourist Office

Your holiday partner



Feel free to come and see us. It is our pleasure to welcome you and help make your stay in the Quiberon Bay an enjoyable one.

THE QUIBERON BAY TOURIST OFFICES WELCOME YOU

ALL YEAR ROUND

- **QUIBERON** Tourist Office 14 Rue de Verdun - 56170 Quiberon
- LA TRINITÉ-SUR-MER Tourist Office 30 Cours des Quais - 56470 La Trinité-Sur-Mer
- AURAY Tourist Office 20 Rue du lait - 56400 Auray
- **♥ ERDEVEN** Tourist Office 7 bis Rue Abbé Le Barh - 56410 Erdeven
- Consult our opening days and times by scanning this QR code



IN THE SUMMER

- **♥ ÉTEL** Tourist Office 1 Place des Thoniers - 56410 Étel
- **Q LOCMARIAQUER** Tourist Office
 1 Rue de la Victoire − 56740 Locmariaquer
- **♥ PLOUHARNEL** Tourist Office Rond-point de l'Océan - 56340 Plouharnel
- SAINT-PIERRE QUIBERON Tourist Office
 3 Rue Curie 56510 Saint-Pierre Quiberon
- **♥ BELZ** Tourist Office 5 Rue du Général de Gaulle - 56550 Belz
- ◆ You can also find us in front of the Basilica of SAINTE-ANNE-D'AURAY, on the islands of HOUAT & HOËDIC and on the move throughout the area.



Telephone line open all year round

+33 (0)2 44 84 56 56

No.

Need to get online?

Free wifi is available in our tourist offices

DISCOVER OUR COLLECTION OF PRACTICAL GUIDES PRESENTING PROFESSIONALS AND ACTIVITIES FOR YOUR HOLIDAYS



Gourmet Guide



See A Calabrida

Leisure Guide

Shopping Guide



Ticketing service

Book your leisure activities, cruises and crossings, guided tours, concerts and events



In the Gulf of Morbihan and on the Ria Étel.

Departing from the Port d'Étel, enjoy a 1 hour 30 cruise with commentary. Tours of the Gulf of Morbihan depart from various points with options to stop on the Ile-aux Moines and the Ile-d'Arz.



AND GUIDED TOURS

Quiberon, the Port

Saint-Goustan in Auray, the remains of the Atlantic Wall in Plouharnel, the island of Saint-Cado in Belz, exploring the megaliths at Erdeven and Locmariaquer, the Camors Forest.



to Belle-Île-en-Mer, Houat,

Hoëdic and Groix.
Climb on board for an island getaway. Find out more at the Tourist Office, to book your crossings to the island that takes your fancy, as a family or with friends.



Sea fishing, kayak trips, sea wading, excursions in nature, car hire on Belle-Île, coach trips, mobilboard segway rides, animal park visits, exploring the oyster farms, well-being activities and more.

Reception services

Wherever you are, the Tourist Office will welcome you and provide information



We can provide you with the following: tourist maps and walking routes, tide tables, transport information, entertainment programmes, etc. **Ticketing service**

and free wifi

MOBILE RECEPTION

In the summer, we will come to meet you at different points to share with you ideas for activities, visits and events.

Ticketing service.

Mobile charging and free



All year round, you can contact us by phone. We have a single number to answer all your questions and provide information for your holidays.

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Plan your holiday on www. baiedequiberon.co.uk: accommodation, activities and tours, gastronomy, events, webcams,etc. Do you have a question? We'll answer using the chatbot.

Discover and experience our destination on the website

www.baiedequiberon.co.uk

Quiberon Bay | 5









A mosaic of blues, greens and ochres...



Quiberon Peninsula to the islands

White sandy beaches, tufted dunes, crashing waves: Plouharnel is a favourite spot for surfers and shellfish pickers. For a pleasant bike trip, a cycle path runs along the dunes to the unspoilt Quiberon coast: 15km right on the ocean, a strip of land and sand beaten by the winds. Once past Fort Penthièvre, which marked the gateway to the peninsula, two different views face each other from the isthmus, this surprising natural point created over the centuries: the wild and

tempestuous Atlantic Ocean that rubs shoulders with the **Quiberon** Bay, lined with pretty sheltered beaches. This stunning landscape can leave no one indifferent: a mosaic of blues, greens and ochres, the richness of the flora and fauna, the imprint left by the wind... From Saint-Pierre Quiberon, the wild coastline comes into view with its steep granite cliffs, caves, and clear-water coves... Here, nature asserts both its strength and its beauty! To the far south, Quiberon invites you to wander as far as

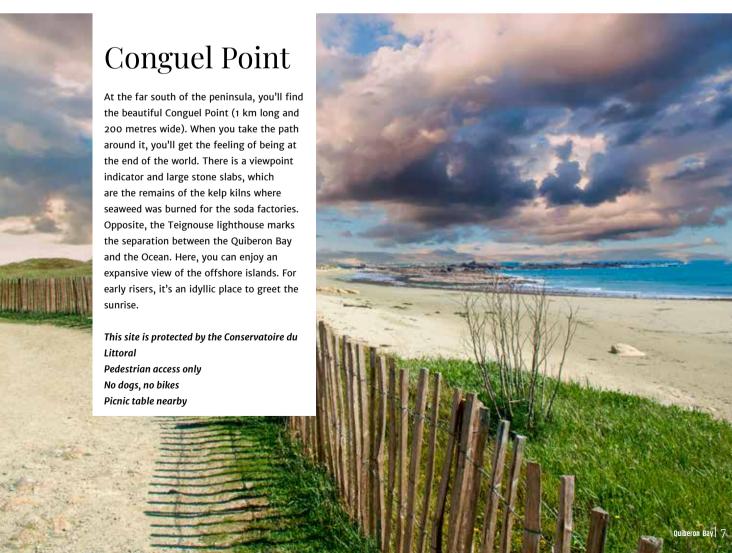
the Conguel Point, which feels like the end of the world... Port-Haliguen, an historic port, with traditional houses, or Port-Maria, a fishing port, are reminders of the inseparable link between humans and the sea on this part of the earth. From Port-Maria you can also climb on board a boat for a complete change of scenery, visiting the pearls of the sea: the islands of Belle-Île-en-Mer, Houat and Hoëdic.



Percho Point

A landmark on the wild coast, here you can enjoy a beautiful view of the isthmus and Fort Penthièvre, Belle-Île and the island of Groix. An unmissable walking spot, as far as the small former military observatory that can be seen on postcards of the peninsula. Percho Point is also the place to see plant species protected by the French coastal protection agency, such as the Armeria maritima or Seathrift, a plant whose lilacpink flowers bloom from April to October.

Parking nearby Keep to the paths and do not approach the edge of the cliffs.





Discover ideas for your stay



1. Turpault Castle, Quiberon



2. Portivy Port. Saint-Pierre Ouiberon



3. The village of Sainte-Barbe, Plouharnel

QUIBERON

The seaside resort

In the south of the peninsula, you can enjoy the charm of the lively town of Quiberon with its many shops and restaurants, its gourmet specialities, large beach, thalassotherapy and more. Very close to the town centre, Port-Maria moors 200 fishing boats and has a fish market. It is the boarding point for boats to Belle-Île, Houat and Hoëdic. Also visit Port-Haliguen, a yachting paradise.

TURPAULT CASTLE (1)

Quiberon

A private property located on the Beg Point er Lann or Lande Point, Turpault Castle marks the gateway to the Wild Coast. This Anglo-Medieval style manor house was built in 1904 by the owner of a spinning mill from Cholet.

THE TOMBOLO (ISTHMUS) OF PENTHIEVRE

Saint-Pierre Quiberon

Originally, the peninsula was an island. The sea currents gradually deposited sand, pebbles and alluvium in the space separating it from the mainland, creating a sandy spit, called a tombolo.

This natural bridge measures no more than 22 metres at its narrowest point.

THE PORT-BLANC ARCH

Saint-Pierre Quiberon

This surprising geological feature was created by rock erosion. Weathering contributes to its erosion and weakens this granite gem. It can be explored at low tide from the beach of Port-Blanc or from the coastal path. Please note that access from the path is forbidden.

THE PORTIVY PORT (2)

Saint-Pierre Quiberon

A former small fishing port, Portivy offers a breathtaking view of the first part of the wild coast. Opposite the port, llot Thinic is accessible at low tide. The Lotivy chapel will charm you with its wooden ceiling scattered with white stars.

Take a stroll in this authentic fisherman's village with its blue shuttered white houses and flower-filled gardens.

FORT PENTHIÈVRE

Saint-Pierre Quiberon

At the entrance to the peninsula, built between 1841 and 1845 in its current fortified form, this monument has been the responsibility of the Vannes 3rd Marine Infantry Regiment since 1969. Today it is a military training and commando initiation centre. During the Second World War, 59 resistance fighters were shot there.

The crypt and memorial can be visited. Self-guided tour Parking opposite the Fort.

THE PORT OF ORANGE

Saint-Pierre Quiberon

This little port, facing the bay, can be accessed from the centre of Saint-Pierre Quiberon. You'll be charmed by the beautiful late-19th century villas, the fine sandy beaches and suspended terraces.

THE OLD MARKET TOWN (16th-17th CENTURIES)

Plouharnel

A gem to be explored with its terraced stone houses, a magnificent thatched cottage, and the Notre-Dame-Des-Fleurs Chapel with its alabaster bas-relief.

Practical info: Chapel open from 1st July until the European Heritage Days weekend, every day from 10:30am to 12pm and from 4:30pm to 6pm (closed Saturday and Sunday mornings).

THE VILLAGE OF SAINT BARBE (3)

Plouharnel

Fountains, washhouses, narrow streets and alleys all give this village a unique, discreet charm. The cycle path passes near the village – A stopover is required!

THE ABBEYS OF KERGONAN

Plouharnel

Two one-hundred-year-old Benedictine abbeys are open to visitors: Saint-Michel (nuns) et Saint Anne (monks). They host retreats all year round.

Practical info: Gregorian Mass every day at 10am

Bookshop and sale of religious items, decorated ceramics, products made by the communities.

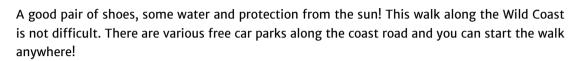
THE REMAINS OF THE ATLANTIC WALL

Plouharnel

Nearly 100 bunkers, 4 gun emplacements and a shooting tower bear witness to the Second World War.

The coastal path of the Wild Coast

WALK FROM PORT MARIA TO FORT PENTHIÈVRE - 12 KM





T

THE WALK

After the Port Maria, from which passengers board boats to the offshore islands, **Turpault Castle**, a private manor that is emblematic of Quiberon, marks the gateway to this invigorating coastline and the fascinating 12 km long granite setting. Having passed the **Le Vivier rocky outcrop**, the cliffs arise and become gradually higher. The path takes you as far as the **Port-Bara and Port-Rhu** coves, full of surfers when the swell is right. On the high dunes, the chestnut "ganivelles" (fences) mark the path through the marram grasses caressed by the wind. Discover **Port-Blanc**, with its arch hollowed from the rock and its beautiful beach. Then from **Percho Point**, the last major outcrop on the coast, there is a view of the Lorient coastline. Once you've passed **Beg-en-Aud Point**, you will go gently down to the **Portivy Port**. To end, the **Kerhostin** coastal path will take you to **Fort Penthièvre**.

In the spring, admire the Armeria maritima whose flowers form a pink covering over the raised dunes and in the winter, enjoy windy days to admire the spray and the power of the waves.



PRACTICAL INFORMATION WITHOUT YOUR CAR

If you are not staying on the peninsula:

- → In the summer, take the "Tirebouchon" train, and then from Quiberon station, which is located 2 km from Maria Port, enjoy the coastal path to Portivy. Take the coastal path to Kerhostin to reach the Fort and the Penthièvre isthmus to take the train
- → Outside of July and August, you can take a bus (line 1) to get back to Port-Maria. On the way back, at Percho Point, go back to Saint-Pierre Quiberon. The bus stops near the media library.

Quideron Bay! 9

ISLAND GETAWAYS

THE WILD DUNES



Hoëdic Island



White sand, turquoise water, the beaches of Hoëdic are reminiscent of lagoons. You have a feeling of being at the land's end. A tiny rock, the island is strikingly calm. There is not a single car on the island, you can get around only on foot. Stroll along its paths, through its vegetation, rich in colours and smells. The scent of curry will tingle your nostrils; it comes from the plant known as Shrubby Everlasting or curry plant. Head to the Lost House or to the Vieux-Château Point, the wildest point on the island. The rocks covered in lichen, the ocean... It's even more beautiful at sunset! After your walk, meet locals at the café. There are four of them in the village, each one as welcoming as the others. This is the charm of Hoëdic life.

Houat Island



Boats with colourful hulls, traps piled up on the quays, houses with blue shutters, green moorland and granite cliffs! When it comes to authenticity and providing a change of scenery, this island has everything you need. You'll love strolling through the little streets of its village, lined with hollyhocks. To the east, in a sheltered setting, the magnificent long beach of Treac'h-er-Goured invites you to relax and swim. Even though the water is a little bit cold, it is so clear... Venture towards the west of the island, which is wilder and more undulating, and find one of the pretty secret coves hidden in the cliffs.

BOOK AND CLIMB ABOARD!

Tickets from the Tourist Offices
Belle-île-en-Mer, Houat, Hoëdic, Ria Étel, Groix Island, the Gulf of Morbihan



THE WILD DUNES FROM GÂVRES TO QUIBERON

The largest natural area on the Breton coast

The "Grand site de France" Wild dunes of Gâvres in Quiberon is located in the heart of a natural area of diversity that extends over 35 km of non-urbanised coastline in a single stretch. Listed as a Natura 2000 site at European level, it is home to exceptional biodiversity, with many species of birds also protected at European level, as well as a rare and fragile flora with unique diversity.

In December 2018, it was awarded the national status "Grand Site de France", which recognises the exemplary and protective management of an iconic site in our country. In fact, for years, the site has undergone integrated developments to facilitate access to the beaches, as well as awareness-raising actions for the protection of its fragile areas. This work is bearing fruit today: many paths undulate through protected natural areas and are respected by walkers, who are aware of the exceptional significance of this area.

This was Brittany's second natural site, after the Pointe du Raz, to gain the status "Grand Site de France".



Let's head to the beach!

With around 50 beaches in the area, the sublime Quiberon Bay destination offers a very diverse choice of beaches, each one stretching its yellow sandy carpet between the Ria Étel and the Gulf of Morbihan. Whether you're a shellfish picker, a surfer, a jogger, a family, a teenager, a couple or a naturist, there's sure to be a beach to suit you! We have selected a dozen beaches here: it's up to you to explore the others!

Ocean side

1 PRADIC BEACH, Étel

Fish for cockles at low tide on this pretty beach on the edge of the Ria Étel with a view of the Étel bar. *Near to the town centre*.

(2) KERMINIHY BEACH, Erdeven

Sunbathe completely naked on this beautiful naturist beach with 2 km of fine sand. *Swimming is dangerous*.

(3) KERHILLIO BEACH, Erdeven

Try out kitesurfing – A very long beach with fine sand that will delight families, offering a stunning view over the Quiberon peninsula and Belle-Île-en-Mer. It is also THE beach for board sports: sand yachting, surfing and kite surfing! Zones have been set up to allow everyone to use the beach without getting in each other's way. Large paying car park a stone's throw from the beach in July and August. Disabled access.

(4) SAINTE-BARBE BEACH, Plouharnel

Surfing or bodysurfing – A huge strip of white sand and ocean as far as the eye can see. A must for surfers. In the evening, it is an ideal spot for sunsets and you'll often come across horses, and walkers enjoying the view. *Supervised swimming area in summer*.

5 PENTHIÈVRE BEACH, Saint-Pierre Quiberon

Go jogging or enjoy sand yachting – Several kilometres of fine sand bordered by dunes. All those who appreciate wide open spaces will love the largest beach on the Quiberon Peninsula.

6 PLAGE BEACH, Quiberon

Eat a waffle as you get out of the water on this 900-m long sandy beach, and think about the islands as the boats leave the port. Supervised swimming in summer, with a first aid station, showers and toilets. Disabled access.

Bay side

(7) KÉRAUDE BEACH, Saint-Pierre Quiberon

Make a sandcastle as a family — Quiet and well-protected in the Bay, a very family-friendly beach just a stone's throw from the charming Port Orange and the town centre of Saint-Pierre Quiberon — Supervised swimming area in summer July and August, Disabled access.

8 SAINT-COLOMBAN BEACH, Carnac

Bathe in the clear, invigorating waters after a paddle ride to the Gourec Point.

(9) KERVILLEN BEACH, La Trinité-sur-Mer

Take a trip in a canoe kayak or a pedalo. The nearby car park with direct access onto the beach allows convenient access by car. Facing south, it is bordered by a few small dunes and salt marshes. First aid station in the summer. Disabled access.

10 KERNEVEST BEACH, Saint-Philibert

Take a nap under a parasol in complete tranquillity on this very pretty fine sand beach facing the Bay.

11) LA FALAISE BEACH, Locmariaquer

Walk to the flat stone dolmen near this family-friendly beach facing the ocean, or go shellfish picking during high tides.

On the islands

12 TRÉAC'H ER GOURÈD BEACH, Houat Island

Take a break to relax and contemplate on this magnificent beach, which stretches in an arc over 2-km, to the east of the island of Houat.

(13) COVES, Hoëdic Island

Bathe in turquoise waters when you walk along the coastal path to find the cove of your dreams.



Find all the beaches on

www.baiedequiberon.co.uk

















From Auray Saint-Goustan

to Sainte-Anne-d'Auray

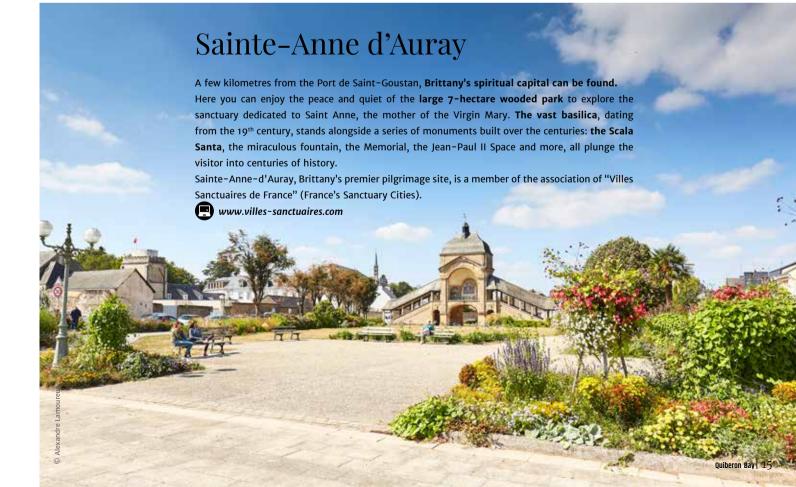
A characterful medieval town,
Auray will reveal its charms to
you as you stroll along its streets:
timber-framed houses, cobbled
streets, colourful façades and
shady squares one after the
other, punctuated by small shops
and lively boutiques in the town
centre. Nestled in the hollow of
the Auray river, the town opens
onto the Saint-Goustan Port, on
the other side of the solid fourarched stone bridge. Another
picture postcard setting: this

former commercial port, now dedicated to pleasure boating and walking, hosts continuous activity on its quayside lined with cafés, crêperies and terraces, bustling with markets and second-hand goods. To enjoy a bird's eye view of Saint-Goustan and the town, head uphill: between the beautiful half-timbered houses, climb up the narrow streets to the church of Saint-Sauveur.

A few kilometres away, discover the sanctuary of Sainte-Anne

d'Auray and its amazing basilica, Brittany's premier pilgrimage site! The highlight of the year takes place on 26th July, dedicated to St Anne, who is the patron saint of Brittany. Several thousand pilgrims attend the "The Pilgrimage of Saint Anne d'Auray" pilgrimage. The surrounding lush countryside is full of heritage gems as far as the Forêt de Camors, which invites you to a green getaway!







Discover ideas for your stay







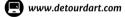
3. Plumergat

DÉTOUR D'ART

1. Camors Forest

The area of Auray

Get off the beaten track to discover the treasures of chapels, churches and other Breton religious heritage in the area of Auray: this is what the Détour d'Art offers visitors, whether they are simply curious or true enthusiasts.



CAMORS FOREST (1)

Camors Forest, with its 648 hectares of deciduous and coniferous trees is an invitation to a green getaway. At the edge of the forest, starting from the Petit Bois site, three circuits of about ten kilometres will lead you towards the paths and trails along the superb Motte and Korrigans streams.

Walk in the direction of Lambel Camors to the Etang du Petit Bois. This pond, with picnic tables, a playground, boules, a sports course and a treetop course, await you for an enjoyable day.

THE VALLEY OF TRÉAURAY

At Brec'h, you'll discover a lush valley through which the River Loc'h flows, before joining the Port Saint-Goustan and the Auray River. At Tréauray, a dam, built in the 1950s, has allowed the creation of a large pond. Fishermen like to fish for trout and pike there, while walkers enjoy the paths around it. The landscape changes with the seasons, revealing new, preserved flora and fauna to the visitor. In the spring, the rhododendron flowers turn the river banks pink.

From the village de Saint-Dégan, a beautiful 8-km walk on paths and country roads will allow you to explore the valley and the very beautiful Saint-Quirin chapel.

THE SAINTE-AVOYE CHAPEL

Pluneret

Along the Gulf of Morbihan coastal path, you'll find the imposing Saint Avoye chapel. Listed as a Historic Monument, this jewel of the Renaissance was built in the 16th century. Inside, it features extremely fine decoration and houses an

exceptional piece: one of the rare rood screens still preserved in Brittany. This remarkable work, made of polychrome wood, is sculpted all over with fantastical characters and animals.

THE CHARTREUSE MONASTERY

Auray

Unique to Brittany, Chartreuse is a former monastery of Carthusian monks. This exceptional site has been occupied since the 14th century. It has stood witness to great historical events that have marked history: the Battle of Auray in 1364 and the invasion of France at Quiberon in 1795. The chapel, cloisters and mausoleum can be visited. In the cloister, the largest painted cycle in Morbihan is exhibited, while the mausoleum, sculpted by the talented David d'Angers, is above the vault where the bones of the royalists shot during the Revolution rest.

Open in July and August

AURAY ECO-MUSEUM (2)

An eco-museum, in the heart of the village of Saint-Dégan in Brec'h, provides a journey into the Auray region of the past. There is a group of furnished rural houses: the 17th century thatched house where family and animals lived together, as well as the 17th century farmhouse with its outbuildings. Events all year

Info on www.ecomusee-

PLUMERGAT (3)

Nicknamed "the town with three bell towers", in reference to the three buildings that stand side by side, the town still has 11 churches and chapels. In front of the church of Saint-Thuriau, a 1st century stone bears an inscription in the Gaulish language.

Tour of the Chapels



OF BREC'H

For lovers of Breton traditional heritage, this cycle tour allows you to discover the rich historical and religious heritage of Brec'h!



The Saint-Quirin chapel

THE TOUR

(Duration: 2 hrs 30

🤥 Distance: 25 km

 ${\it A}$ Level of difficulty: easy

○ Loop circuit

 $oldsymbol{Q}$ Departure point: Brec'h

The commune offers this pretty circuit to explore the chapels and their patron saints. With a few changes of gear, you will discover these stone witnesses of rural religious practices. *Here are the highlights* of selected chapels on this route, off the beaten track!

O Notre-Dame des Fleurs,

the most charming

Today it hosts exhibitions during the autumnal event in the village: "Brec'h Chapelles en Art".

The Saint-Goal chapel,

the most bucolic

It used to serve a large agricultural village in former times.

The Notre-Dame de Grâce chapel,

the most family-friendly
Here, Our Lady was called upon to
help children to walk.

The Saint-Clément chapel,

the most rooted in the area
It was rebuilt in 1874 thanks to large
donations from landed families in the
vicinity.

The Notre-Dame de la Route chapel,

the most modern

The chapel's name came from the many motorists who stopped there to light a candle.

♥ The Chartreuse Monastery,

the most imposing

This monastery is the only Carthusian architectural monument (built by the monks of Chartreux) that still exists in western France.

The Saint-Quirin chapel,

the most prized

Classical in style (17th century), the Saint-Quirin chapel houses one of the most beautiful altarpieces in Morbihan.

Q The Saint-Jacques chapel,

with links to Santiago de Compostela

Before exploring the last chapel on the circuit, make a visit to the ecomuseum at Saint-Dégan.

Then come to The Saint Jacques chapel: thanks to this site, Brec'h became a stopover point on the Camino de Santiago pilgrimage route.

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Meanders of fresh and salt water, between islands and islets...





From the Ria Étel

to the Wild Dunes

A 22-km long arm of the inland sea, dotted with small ports, oyster beds and beautiful beaches, the Ria Étel is a small paradise, given over to nature. Here, life abounds in the gentle tranquillity of this protected site: salt marshes and salt meadows, fleshy shellfish, migratory birds. The River Étel winds its way to the ocean in meanders of fresh and salt water, between islands and islets. Following the banks of the Ria Étel you'll find many surprises: in

Saint-Cado, don't miss the tiny rocky islet with its blue-shuttered house (formerly the home of the oyster farm warden), the bridge and its legend, the colourful fishermen's boats... The river can also be explored from the water, on board cruise boats, in a kayak or on a paddle board.

The last dam before the ocean, the **Étel Bar** extends its underwater sandbar to play tricks with the time and on yachtsmen: here, large volumes of water are moved

during the tides, causing waves and currents that provide a very beautiful sight! This shifting sandbar is also the natural extension of the immense dune system, which has "Grand Site de France" status: kilometres of sand between Étel, Erdeven and Quiberon opening onto a vast horizon and the sea as far as the eye can see.



The Island of Saint-Cado

OUR

The Island of Saint-Cado is a charming site in the heart of the Ria Étel. Cross the stone bridge to discover a charming little village with fishermen's houses, a fountain and a cross. The Romanesque-style chapel houses the bed of Saint-Cado. Legend has it that if you lean over it, you can hear the sound of

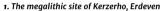
Nearby, the llot de Nichtarguer is a tiny strip of land on which a pretty house was built (in 1894) which, with its blue shutters, provides the picture postcard of the Ria. It used to be the home of the oyster farm warden.





Discover **IDEAS FOR YOUR STAY**







2. Étel Port



3. Niscop Port, Belz

THE MEGALITHIC SITE OF KERZERHO (1)

This large-scale megalithic site has 195 menhirs (standing stones) on an East-West axis. Take the small path to the left of the menhir stones to discover the large menhirs, known as "the giants of Kerzhero". Enjoy a walk of about 2 hours through the Varquez Wood to the imposing Crucuno dolmen.

Self-quided tour Free parking

ERDEVEN BEACHES

Erdeven

6km of beaches and 300 hectares of protected dunes! A dune system which is part of the largest dune site in Brittany and which, due to its exceptional richness, has been awarded "Grand Site de France" status. (See page 11)

KÉRAVÉON PARK

Once you have passed the stylish entrance gate, The Castle of Keravéon park is an ideal place to enjoy the 57 species of trees, the fitness trail, the playground, and more. A little-known corner of the park, the Ile d'Amour, can be accessed by a little wooden

ETEL PORT (2)

From the 1930s to the 1960s, the Étel Port was one of the largest tuna fishing ports on the Atlantic coast. Up to 250 dundees (tuna fishing boats) could be seen there, supplying 12 processing plants in the region. Today, this marina is one of the most pleasant places to stroll along the Ria.

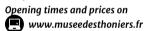
THE ETEL FERRY

A small boat, the "Treh Simon", connects the two banks of the Ria, from the quays of Étel to the small Magouër port in Plouhinec. You can embark next to the fish market with or without your bike.

www.gavres-quiberon.fr/ infos-pratiques/le-passeur/

THONIER MUSEUM

A museum showing life in Étel in the past and the great era of



THE RIA BY BOAT

Departing from the port, go on a cruise with La Navix on the Ria

From April to late September Tickets from the Tourist Office.

THE BOAT GRAVEYARD

Facing the Étel Port, located on a beach near the charming little village of Magouër in Plouhinec, shipwrecks bear witness to the bygone era of sail boat fishing. A poetic landscape that will delight photographers.

THE PONT-LOROIS

This suspension bridge is the only bridge crossing the Ria Étel. It makes it possible to reach the Lorient area.

NISCOP PORT (3)

At the foot of the Pont Lorois is Niscop Port, a pretty and peaceful cove protected from the Ria Étel, which used to be home to shipyards. Not far from the quay, there is a cave created by the sailors in memory of their companions who died at sea.

Landévant

Carabreizh, there are incredible machines that make irresistible treats from Breton salted butter caramel...

From Monday to Friday from gam to 7pm, Saturday from 10am to 12:30pm and from 1:30pm to 7pm. €3 from 18 years onwards.



The Cadoudal Path

DISTANCE: 3 KM

In the town of Locoal-Mendon, drive in the direction of Mendon then follow "Pointe de la Forest". At the end of the road, a car park is available at the edge of the wood.





THE WALK

The walk starts on a relatively wide road that goes up to a small track edged with old stone walls covered with moss. The "Cache de Cadoudal", the Chouan general's hiding place, can be found there. On an embankment, large cut stones mark the entrance. Keep your eyes open! Inside, there

imagine Chouans hiding, preparing an ambush for the Republicans. Children will love it! A little further on, you will find a small clearing, in the centre of which stands a magnificent centuryold oak. You'll come across some remarkable trees, roots at ground level, branches, and then the horizon is a small space in which one can clears. The sea appears through the

trees and the path becomes coastal, leading to a splendid panorama of the Ria Étel, which changes with the tides. You'll discover the oyster beds, small beaches that invite you to take a contemplative break, before reaching Beg er Lanneg Point and returning to your starting point.





Breton gastronomy

et's eat!

On the markets, at the producers' or in the many restaurants, discover the ocean flavours and sweet delights of Brittany. The Quiberon Bay is full of local products and culinary specialities and everyone is sure to find something to enjoy!

The most famous speciality? The buckwheat flour pancake filled with good local products from short circuits.

Be tempted by the freshness of the oysters, the meltin-the-mouth scallops, a seafood platter, a fish fillet caught using traditional fishing... And remember that the Bretons swear by salted butter!



Local markets

MONDAY

AURAY – Town centre and covered market: 8:15am – 2pm **SAINT-PIERRE QUIBERON** – Penthièvre (July-August): 8am-1pm

TUESDAY

CARNAC – Port-en-Dro: organic market (July-August) 8am-1pm **ÉTEL** – Place de la République: 7:30am-1pm

LA TRINITÉ-SUR-MER – Place du Voulien: 8am-1pm

LOCMARIAQUER – Place Dariorigum (September to May) – Place de Gaulle (from June to August): 9am-1pm

SAINT-PIERRE QUIBERON – Kerhostin (July-August): 8am-1pm

WEDNESDAY

CARNAC – Parking St-Fiacre (village): 8:30am-2pm

QUIBERON – Port Haliquen (from 15th June to 15th September): 8am-

THURSDAY

AURAY – Place Notre-Dame: organic market 5pm-8pm

BREC'H – Place Kreisker: 4pm-6:30pm **CRAC'H** – Place de l'Église: gam-1pm **PLUNERET** – Place Vincent Iollivet: 8am-1pm

SAINT-PIERRE QUIBERON – Place du Marché: 8am-1pm

FRIDAY

AURAY - Place Notre-Dame: local farmers' market 8am-12:30pm **LA TRINITÉ-SUR-MER** – Place du Voulien: 8am-1pm

LOCOAL-MENDON – Place de l'Église: 4:30pm-7pm

PLOUHARNEL – Place de Gaulle: 8am-1pm

SATURDAY

ERDEVEN – Rue des Menhirs: 7am-1pm

LANDÉVANT – Parking de l'Église: 9:30am-12:30pm

LOCMARIAQUER – Place Dariorigum (September to May) –

Place de Gaulle (from June to August): 9am-1pm

PLUVIGNER – Place Saint-Michel: 8am-1pm

QUIBERON – Place du Varquez: 8am-1pm

SAINT-PHILIBERT – Rue du Ponant: 8am-1pm

SAINTE-ANNE D'AURAY – Place Nicolazic: 9:30am-12:30pm

SUNDAY

BELZ – Village centre: 9am-1pm

CARNAC – Parking St-Fiacre (village): 8:30am-2pm

SAINT-PIERRE QUIBERON – Portivy (July-August): 8am-1pm

EVERY DAY

The Auray Market: 8am-12:30pm

La Trinité-sur-Mer: The Halle aux Poissons: 9:30am-12:30pm



the recipe For far Breton

Prunes, raisins, apples or plain, a thousand and one variations give this legend of Breton gastronomic culture all its flavour and mystery!

Why not try this home-made "far" with Jérôme's recipe?

from the Biscuiterie Simon in Plouharnel.

INGREDIENTS

1 litre of milk - 5 eggs - 230g of flour - 250g of sugar Pitted prunes

PREPARATION

Combine the flour, sugar and the eggs, one by one. Gradually add the milk.

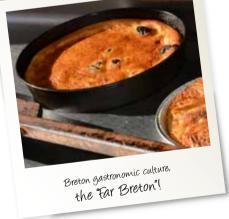
Pour the dough into a well-buttered, high-sided dish in which you have previously placed

Cooking

Pre-heat the oven to 220°. Bake your far in the oven for about 1 hour, keeping an eye

ENJOY!

When it comes to sweet treats, the caramel pancake with salted butter will delight those with a sweet tooth. Savour a caramelised kouign-amann, the puff pastry cake generously filled with butter and sugar.

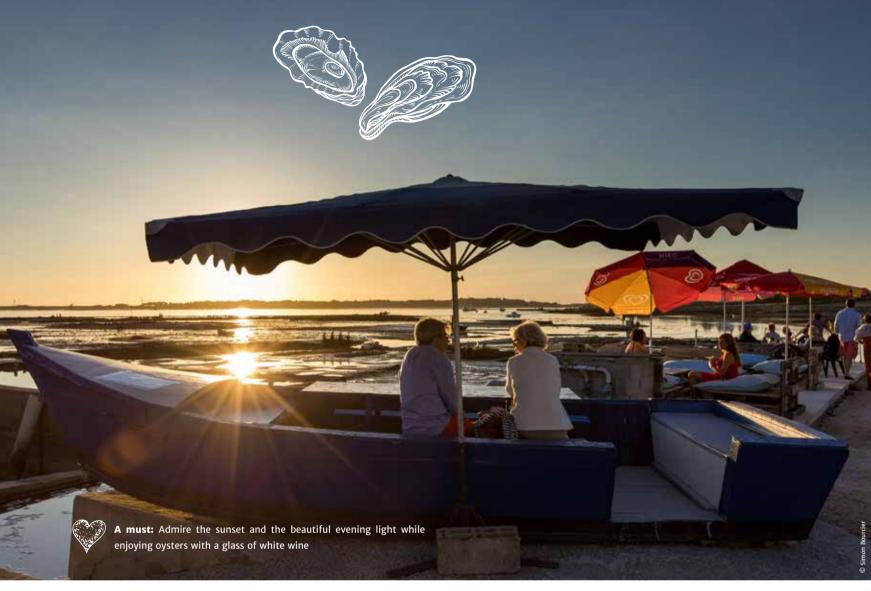


Preparation time 15 minutes



6-8 people

Quiberon Bay 23



Enjoy oysters with your feet in the water

TASTING: FROM THE SEA TO THE PLATE AT THE TABLE

In our area, oysters are bred either on the foreshore, often in oyster pockets placed on metallic structures called tables, or at the bottom of the water, as in the Quiberon Bay. From breeding to harvesting, no drugs or chemicals are used. The oyster filters the sea water to absorb what it needs to breathe and grow, and

everything it needs is naturally present in the water! Not only does this 100% natural product offer an impressive range of flavours that awaken the taste buds, but it is also a real nutritional treasure, rich in proteins, vitamins and minerals!



Léon-Paul Fargue

SMALL OR LARGE CALIBRE?

The calibre of the oyster is its size. The larger the number, the smaller the

Oyster number 5 is the smallest, **number** o is the largest. The most common sizes are 3 and 4.



HERE, WE HAVE SOMETHING **FOR ALL TASTES!**

- · Oysters from Ria Étel are not too salty, with a delicate taste of the
- Oysters from the **Quiberon Bay** and the **Anse de Plouharnel**, with complex and varied flavours.
- Oysters from the Auray, Saint-Philibert, Crac'h, and Locmariaquer

with their subtle seaweed flavours

Some good venues:

Saint-Philibert

- **Operation Jaouen**, Kernivilit
- Quehan, 7 route de Quehan
- **Q** Istrenn Passion, Les Presses
- Q Cailloce Eric, 11 rue des Courlis

Locmariaquer

- **♀** Breizh-Izel-Ostréa, 5 Le Falzen
- Q Les Viviers de Loc'ker, 37 route de Kerpenhir

Baden

Q La Cabane à Huîtres, Pointe de Toulvern

Larmor-Baden

Q Chez Lucien, 18 rue de Pen Lanic

Plouhinec

Opégustation de Saint Guillaume, Saint-Guillaume

Locoal-Mendon

- Q Les Huîtres de la Baie de Locoal La Pointe de Goulen, Bec Cognel
- Q La Cabane de Cadoudal Huîtres Damerose Pointe de la Forest au bout du chemin de Cadoudal

Plouharnel/Carnac

- Q La Cabane à Jo, Kerroch le Dolmen, Plouharnel
- **Q** Autour du Pô, Kercroc, Plouharnel
- **Q** Ty Bag Dégustation, Route de Kerroch, Plouharnel
- **Tibidy Huîtres**, 171 rue du Po, Carnac

Alcohol abuse is dangerous for your health, consume in moderation. For your health, eat at least five portions of fruit and vegetables a day.

Quiberon Bay 25









Hundreds of sail boats lined up on the pontoons...





From La Trinité-sur-Mer to the Gulf of Morbihan

Hundreds of sail boats lined up on the pontoons, a medley of masts clattering in the wind: the La Trinité-sur-Mer Port is a mustsee sight. This marina attracts both amateur and experienced sailors alike, as shown by the multihulls of astonishing proportions that line these pontoons: Éric Tabarly, Olivier de Kersauson and Francis Joyon have moored their racing boats there. The quayside is lively with many shops and restaurants, from the fish market of the Vieux Port to the streets of the village,

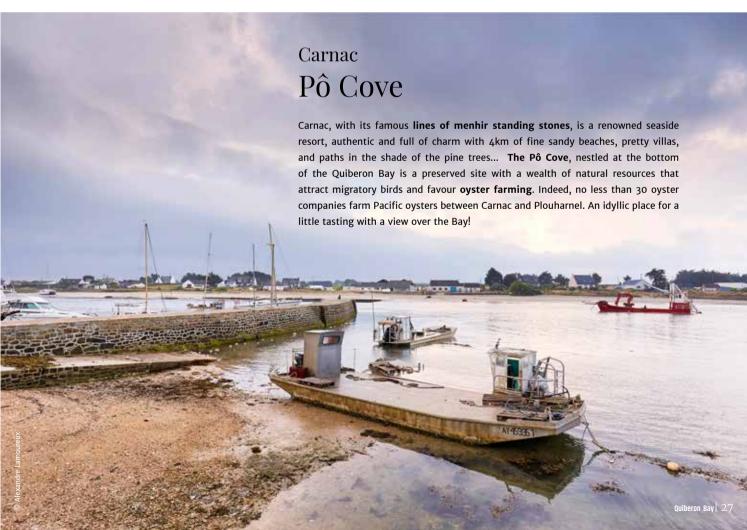
further on. Going back up the Crac'h river, the Kerisper bridge, crossing above the oyster farms and the marina, leads to Saint-Philibert then Locmariaquer. A picturesque Breton village, Locmariaquer is known above all for its exceptional megalithic site: Great broken menhir, the tumulus, the dolmen of the Table des Marchands, you'll go back in time by several millennia! At the open-air archaeological site on the river bank, you're at the gateway to the Gulf of Morbihan. This

inland "little sea" with scattered islands is also a preserved natural site that can be discovered from the water. The landscape here features tall grasses, oyster beds, islands on the water's edge, sea birds and a spectacular changing light.



Locmariaquer Kerpenhir Point

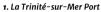
In Locmariaguer, a sandy outcrop, the Kerpenhir Point, offers you a sight of great beauty! Strong currents create an almost perpetual salty, invigorating flow. Here, the Quiberon Bay meets the Gulf of Morbihan, a small, almost enclosed sea, dotted with islands. You can see the Port-Navalo lighthouse located at the tip of the Rhuys peninsula and, off the coast, the islet of Méaban, as well as Belle-Ile-en-Mer and Houat. A viewpoint indicator provides information for curious visitors. The Pointe is also home to old fortifications as well as an engraved dolmen known as "Pierres Plates".





Discover **IDEAS FOR YOUR STAY**







2. Saint-Philibert chapel



3. The Great broken menhir, Locmariaquer

THE PORT (1)

La Trinité-sur-Mer

The port is known worldwide for its large sailing competitions and its famous sailors. 1,500 moorings accommodate sail boats and pleasure boats, which line up along the 15 pontoons. You are often lucky enough to see racing boats, giant multihulls that sail the oceans.

THE GULF OF MORBIHAN

An exceptional natural site

This regional nature park is home to some forty islands in a small inland sea that is 5km wide and 21km long. The Gulf of Morbihan opens onto the Atlantic through a 1-kilometre wide gulley located between Locmariaquer and Port-Navalo. Don't hesitate to take a cruise or enjoy a kayak ride!

THE TOMBOLO ON THE STUHAN ISLET

La Trinité-sur-Mer

From the beach of Men-Dû, the islet is connected to the land by a strip of sand, known as a tombolo.

A car park with direct access allows you to conveniently drive to the beach.

KERISPER BRIDGE

La Trinité-sur-Mer

The Kerisper Bridge spans the Crac'h River and links La Trinitésur-Mer to Saint-Philibert and Locmariaquer. It offers an exceptional view of the port on one side and the Crac'h River on

THE SAINT-PHILIBERT CHAPEL (2)

Saint-Philibert

A unique little chapel was built on the bank of the River Ster in 1648. The ceiling is scattered with stars. It is a picture postcard view to visit, preferably at high

Open all year round.

THE COAST ROAD

Saint-Philibert

After passing the Pont de Kerisper at La Trinité-sur-Mer, follow "Saint-Philibert par la côte" (Saint-Philibert via the coast). This is a charming road leading to the Kernevest Point.

THE MANIO GIANT

A pleasant walk in the woods to discover Carnac's largest menhir, a giant at 6.5 metres high.

Car park near the Centre Équestre des Menhirs at the place known as

THE GREAT BROKEN MENHIR (3)

Locmariaquer

An enormous granite block that is 20.6m high and weighs 280 tonnes, this menhir is the largest known in Europe.

See more at

www.site-megalithiquelocmariaauer.fr

THE VILLAGE OF SAINT-COLOMBAN

South-west of Carnac, you can explore the 16th century village of Saint-Colomban with granite houses built around a small chapel in flamboyant Gothic style.

The chapel is open in July and Auaust.

THE SAINT-MICHEL TUMULUS

This immense tumulus (12 metres high, 125 metres long and 60 metres wide) was built c. 4500 BCE. At the top there is a chapel, a 16th century cross and a viewpoint indicator that helps you enjoy the beautiful panoramic view over the Quiberon Bay.

The tumulus cannot be visited.

PLAS-KAËR CHAPEL

Crac'h

Hidden in the woods at the end of a long winding road, this neo-Gothic chapel with Latin Cross plan has a superb setting! In the village of Kerdreven Open every day from Easter to All

Saint's Day, from 9am to 6pm.

The Customs Path

FROM COVES AND BEACHES TO KERBIHAN POINT - 8KM

Departing from the Port at La Trinité-sur-Mer, this walk is suitable for all, providing a view over the Quiberon Bay.





THE WALK

Reach the start of the old Chemin des Douaniers (customs path) by walking along the quay of the port in the direction of the sailing school. When you reach the path, there is a stunning view of Kerisper Bridge, the port and the channel with its multicoloured sails, as far as the Quiberon Bay! From

gentle coastline to Kerbihan Point. There are two pretty beaches around "Ty Guard", a former customs officer's house, which is now private. Beyond this point, explore the very beautiful **Kervillen beach.** Stop for a rest on the fine sand before taking the road that meanders among the salt marshes coves to beaches, you'll enjoy the to the pine trees of the trees of the

Poulbert Woods. A tip: turn left when exiting the car park in the direction of Kerdual dyke to see the Men-Dû Beach and its tombolo, a narrow strip of sand that leads, at low tide, to Stuhan islet. Retrace your steps and follow the signs for the way back to the port.



Here, the sea is generous. There is something for everyone. With a great diversity of water bodies and wind exposures, the Quiberon Bay is the ideal place for all water sport enthusiasts, as well as those who fancy taking to the water. The area offers an almost inexhaustible variety of activities.

Surfing, dinghy sailing, sea wading, paddle boarding, sea fishing or cruising on a heritage boat... You are bound to find a water sport activity that suits you!



Find all the nautical professionals on: www.baiedequiberon.co.uk



Sailing schools, dinghies, catamarans, windsurfing, "jardins des mers" (sea explorer club)



Want to make your maiden voyage? Dinghies, catamarans... this is the opportunity for learning the rudiments of sailing and perfecting your skills. The proof is that many great skippers have begun here. Pull on your life jacket and take advantage of the courses and private lessons offered by the (many) sailing schools. The wind, sails, knots... at the "Garden of the Seas" ("Jardin des Mers"), your little sailors can enjoy their first experience of the sea.

Kayaking, Polynesian dugout canoe



Kayaking is the ideal way to gently explore the landscapes of the Quiberon Bay. On a calm day, set off from the Conguel Point and follow the cliffs of the wild coastline as far as the Fort Penthièvre. A must! For a different experience, you can try a Polynesian dugout canoe. No, wearing a flower garland is not mandatory!

Surfing, windsurfing, kite surfing, bodyboarding



SEE YOU AT THE LINEUP?

For a good surf session, you have to check the conditions. When there's a westerly one-metre swell, a light onshore wind... that's the perfect time to jump into the water at La Guérite, in Plouharnel! With its flat bed, it is THE spot that suits all practices, short, long or bodyboard, as well as all levels: novices or those more experienced. More experienced surfers can also try taming the waves on the Wild Coast. But be careful, it's strong stuff! Is the wind getting up? Then windsurfers and kitesurfers will have fun on the Erdeven side.

Land yachting



ON DRY LAND

The tide is low and you don't feel like getting wet. It's a perfect time to try land yachting! With your helmet on, let the wind carry you at full speed along the immense beach of Penthièvre. When the sea retreats, it is the perfect place to make the most of the wind with your land yacht. This gliding sport, midway between a mechanical sport and sailing, provides a new experience that is sure to have you laughing with delight.

Towed buoy, jet ski, hydro-foil



Do you have an adventurous spirit and seek new experiences? Try out the hydrofoil's streamlined wing and fly over the waves! The challenge is to master your balance to maintain your ride thanks to a constant speed... There's also a risk of falling and guaranteed laughter on the towed buoy. Hold on to the handles! If you love speed, get on a jet-ski and jump from wave to wave. Have fun!

Cruise with commentary, sea fishing, a trip on a catamaran or heritage boat



Are you tempted by a trip on the sea? A cruise with commentary, sea fishing, or a trip on a catamaran: anything is possible. You can also rent a boat, with or without a skipper. A good idea for those wanting to combine the sea with heritage discovery: a trip on an old sailing ship. ALL aboard, all hands on deck!



Carnac's standing stones

Carnac with its 3,000 menhirs,
Locmariaquer and its giant
megalith, many tumuli, standing
stones and other dolmens are
scattered over the Quiberon Bay
landscape. Thousands of years
of remains weathered by rain
and wind, they are witnesses to
history and evolution. Mysterious,
these strange emanations of the
Neolithic continue to challenge
researchers and mystics alike.

Carnac's standing stones
 Kerzerho, Erdeven.
 The Great broken menhir at Locmariaquer.

CARNAC: UNMISSABLE

The best-known site, at the heart of the UNESCO intangible heritage project is Carnac, with several thousand stones of astonishing diversity, dating from around the fifth millennium BCE. Carnac's standing stones, among the greatest megalithic sites in the world, stretch over four kilometres. Dolmens, menhirs and tumuli make up this forest of stones spread over six sites. This landscapes of stones, unique in their size and natural protected environment, are also said to be a favourite place for the mischievous korrigans who gather there in the moonlight. A guided tour of the Carnac standing stones, offered by the Megaliths House, preceded by an instructive visit to the Museum of Prehistory and its rich collections, is more of a journey through time than a simple stroll! *Megaliths House*:

www.menhirs-carnac.fr **Museum of Prehistory:** www.museedecarnac.com

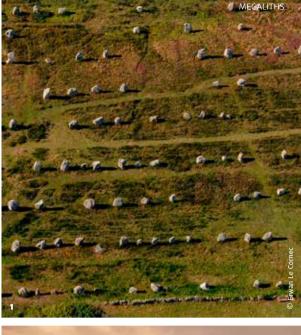
LOCMARIAQUER: GIANT STONES

There are three main parts to the heritage of the megaliths of Locmariaquer site: first, the Grand Menhir Brisé, a giant stone more than 20m in height and weighing almost 300 tonnes, lies on the ground in four pieces. It's the oldest of the site's monuments, dating from 5000 BCE, and the last remains of a set of complex stones. Next, the Table des Marchands: a neolithic tomb with a seven-metre long corridor, a funeral chamber and a remarkable engraved set of stones. And finally, the tumulus of Er Grah, belonging to the category of closed-cell burials: a monument of exceptional dimensions (140 metres long) that was built over several centuries. These three monuments can be explored during a 45-minute guided tour.

www.site-megalithique-locmariaquer.fr

THE TUMULUS SAINT-MICHEL: IN THE HEART OF HISTORY

The Tumulus Saint-Michel, in Carnac, imposes its massive silhouette over the





Quiberon Bay peninsula. A mound of earth and stones, 12m high and 125m long, dominates the landscape and hides a central vault where numerous funerary objects and furnishings have been discovered, now exhibited in the Museum of Prehistory. The site is topped with a chapel dedicated to Saint-Michel, a 16th century cross and a viewpoint indicator.

ERDEVEN: AN ARMY OF STONES

A less well-known site, but just as impressive, is the Kerzerho standing stone site in Erdeven. It is two kilometres long and divided into 11 rows. The 190 menhirs still standing on the moor, some of which are very large, are rightly nicknamed "the giants of Erdeven". A two-hour walk between Kerzerho and the village of Crucuno in Plouharnel, via Varquez Woods, allows you to explore this remarkable megalithic heritage. In the summer, the Erdeven Tourist Office has various other guided tours on offer.

OTHER VISIT IDEAS: The Dolmen de Crucuno in Plouharnel, one of the biggest dolmens in Morbihan – The Kerbourgnec standing stones and stone circle in Saint-Pierre Quiberon – The Menhir Braz 3.4 m high in Camors Forest, and the exceptional Cairn de Gavrinis in the Gulf of Morbihan.





Book your leisure activities

in the tourist offices



Ticket office









